

October 2016 Lunch



KEYSTONE
FOOD SERVICE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3	4 Corn Dog Green Beans Mac and Cheese Fruit Salad Bar Milk	5 Orange Chicken Lo Mein Noodles Steamed Broccoli Fruit Salad Bar Milk	6 Beef Soft Taco Spanish Rice Refried Beans Chips & Salsa Fruit Salad Bar Milk	7 Chicken Sandwich French Fries Fruit Salad Bar Milk
10	11 Beef Nacho Bar (Beef, Queso, Beans) Chips and Salsa Fruit Salad Bar Milk	12 BBQ Chicken Flatbread Sunchips Carrot Sticks Fruit Salad Bar Milk	13 Chicken Fried Steak Mashed Potatoes & Gravy Dinner Fruit Salad Bar Milk	14 Pizza Italian Salad Cinnamon Stick Fruit Salad Bar Milk
17	18 Hot Dog BBQ Baked Beans Ruffles Fruit Salad Bar Milk	19 Chicken and Noodles Mashed Potatoes Green Beans Dinner Roll Fruit Salad Bar Milk	20 Stromboli Marinara Sauce Italian Salad Fruit Salad Bar Milk	21 Cheeseburger Sweet Potato Fries Fruit Salad Bar Milk
24	25 Popcorn Chicken Mashed Potatoes & Gravy Dinner Roll Fruit Salad Bar Milk	26 Spaghetti & Meat Sauce Green Beans Breadstick Fruit Salad Bar Milk	27 Chicken Enchilada Spanish Rice Refried Beans Chips & Salsa Fruit Salad Bar Milk	28 Pizza Caesar Salad Fruit Dirt Cake Salad Bar Milk
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